

# Connect



## A message from our CE

### Tēnā koutou,

I am pleased to address you all as we approach the close of another year marked by both challenges and triumphs. Our commitment at Lifewise, alongside Methodist Mission Northern and the Airedale Property Trust, remains unwavering as we continue to support Auckland and Rotorua's most vulnerable community members.

We have been diligently working to make a tangible difference in the lives of those who need it most. Our efforts have not gone unnoticed, and I am excited to

share some of our most positive stories just in time for the Christmas and New Year celebrations.

This year has been made remarkable by the tireless support of our donors and the business community. Your generous donations and bequests are the lifeblood of our mission. Without your continued support, we would not be able to provide the essential services and assistance that our community relies on.

As always, we are deeply grateful for your contributions and hope that you will continue to stand with us as we

strive to create a better, more compassionate world for everyone.

Have a wonderful Christmas and New Year.

Ngā mihi o te Kirihimete me te Tau Hou.

Noho ora mai,

**Haehaetu Barrett**  
Chief Executive, Lifewise



### Inside this issue...



**A Powerful Show of Unity on World Homeless Day**



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**A Community Focused on Support and Kai**



# A powerful show of unity on World Homeless Day

This World Homeless Day was an inspiring and powerful moment for Lifewise and our Auckland community.

Held at Federal Square/St. Patrick's Square in Auckland CBD, the event brought together social service providers, supporters, the Mayor, Councillors and an MP in a united stand for our homeless whānau. More than just a gathering, it was a symbol of our collective action and aroha, showcasing the strength of our community in addressing the pressing issue of homelessness.

## Standing Together for Change

Lifewise, alongside our partners – Sunday Blessings, Auckland City Mission, and Auckland Council – joined forces on a day that celebrated our shared mahi, amplified the voices of our whānau, and challenged the status quo. With the full support of

"It's easy to walk past someone sleeping on the street and convince ourselves that it's not our problem. But it is our problem."

- Mayor Wayne Brown



A day filled with song, love and support



From Left: Haehaetu Barrett, CE Lifewise, Mayor Wayne Brown, Helen Robinson, Auckland City Missioner

Auckland Mayor Wayne Brown, the day underscored the urgency of addressing homelessness with empathy and systemic action. "It's easy to walk past someone sleeping on the street and convince ourselves that it's not our problem. But it is our problem," the Mayor reminded us. He highlighted that homelessness often hides in plain sight – in cars parked in quiet streets, tents in parks, or people discharged from hospital with nowhere to go. "Being homeless is not a crime, and we aren't going to arrest our way out of this problem." Mayor Brown's message aligns with Lifewise's campaign, which focuses on themes of compassion, understanding, and taking meaningful action.

## What is World Homeless Day?

World Homeless Day is a global initiative celebrated worldwide on the 10th of October every year, to raise awareness of the needs and challenges faced by people experiencing homelessness, while also

celebrating the efforts of those working to end it. Homelessness is a complex and urgent issue that affects thousands of people in New Zealand and millions around the world. It can happen to anyone, at any time, due to factors like job loss, illness, trauma, or falling into debt. In fact, many of us are just two or three steps away from homelessness ourselves.

## Drawing attention to the need

Aligned with global efforts, Lifewise launched an advertising campaign encapsulating the very essence of what we stand for: hope and opportunity. These are not just words, it is a testament to our mission to bring hope, offer support, and create pathways for our most vulnerable whānau to rebuild their lives. "The clear message is – it's a united approach," shared Haehaetu Barrett, CE of Lifewise. "Coming together, to stand and make change, is the appropriate



## This homeless man could've used your help

Believe it or not, at nine years old, Charlie Chaplin was sleeping on the street and had been sent twice to the workhouse. In a few short years, he'd be the first worldwide movie superstar. Point is, if you think people who sleep rough are hopeless cases, maybe you should think again.

At LIFEWISE, we give support to anyone who needs it and we're asking for your help.

It's so easy. Just scan below or go to [www.lifewise.org.nz](http://www.lifewise.org.nz)

# LIFEWISE

A member of the Methodist Alliance 



Poster and Ad campaign created by Ed Ackman

way to do it." Our new campaign reflects this commitment to collective action and reinforces our belief that everyone deserves the opportunity to build a better life, regardless of the hardships they have and continue to face.

### Standing Together with Our Donors and Community

The support from our donors amplifies our efforts, helping us reach more people and engage the broader community in our mission. Ed Ackman, a dedicated donor, created our campaign at no cost, while Dynamo, from the Omnicom Group secured impactful media packages for next to no cost, with Stuff, Phantom Billstickers, and OOH! Media to spread our message far and wide. Moreover, Fred Soar of SCG generously printed posters designed by Ed Ackman, raising awareness of homelessness and Lifewise's work

throughout Auckland. Artists Mike Weston and Otis Frizzell sold limited edition "HOME" prints, donating half of their proceeds to Lifewise. This spirit of unity extends beyond resources; it reinforces our shared



commitment to a future where everyone has a place to call home.

### Thanks and Aroha to Our Supporters

This monumental event would not have been possible without the generosity of our community and business partners.

- ADIO Needle Exchange
- Akarana Māori Wardens
- Auckland City Council
- Auckland City Mission
- Auckland Community Law Centre
- Auckland Street Choir
- Brown Pride
- Carlton Party Hire Auckland Central
- Cathedral of St. Patrick and St. Joseph
- Clean Event Waste Management
- Common Equal
- Court of New Beginnings
- Fairfood
- Hāpai te Hauora / Smokefree NZ
- Hato Hone St. John's
- Hirepool
- Kindness Collective Foundation
- KiwiHarvest
- K-Rd Chronicles
- Māori Women's Refuge and Atawhai Nui Transitional Housing
- Nando's
- Ngāti Whātua Ōrakei Toi Ora
- NZPC
- Orange Sky
- Pro-Care – Ready Steady Quit
- Rescued Kitchen
- Salvation Army
- Starbucks
- Sunday Blessings
- Waiemata Local Board
- We Care
- Woolworths

Special thanks to Dynamo, Ed and Wendy Ackman, Ooh! Media, Phantom Billstickers, Stuff, and Newmarket Warehouse for their invaluable contributions. To the Lifewise Ki Te Arawa Rotorua team thank you for coming up for the day to support us. Amazing to have you with us.

Artists Otis Frizzell (left) and Mike Weston generously donated 50% of their proceeds from the sale of the limited edition "Home" print.



# A heartwarming Pōwhiri at the Grand Millennium

In July 2024, the Three Trusts family joyously welcomed Reverend Dr Te Hira Paenga as our new Pou Manukura.

## Kea Kids News, joins us on World Homeless Day

As part of the fun activities at this year's World Homeless Day event, our Merge Community brought along our street-sized Scrabble game, Kupurori (Te Reo Scrabble).

Kea Kids News reporter, Miria stopped by our gazebo to give it a try, and much fun was had.

Rob Smith, one of our peer support workers, was also there to join in for a friendly round and guide the children on how to play the game.



KEA Kids reporter, Miria Morehu at World Homeless Day reporting on Kupurori (Te Reo Scrabble).

Kea Kids News is a kids news TV show made in Aotearoa New Zealand and funded by NZ On Air. Kea Kids News can be seen on:

- NZ Herald on Wednesdays and Thursdays (2 episodes each day)
- Prime TV on Saturday mornings at 8:25 (4 episodes each Saturday)
- Nickelodeon
- Kea Kids News: YouTube channel, TikTok and Instagram

The formal pōwhiri, held on Friday, 26 July, at the Grand Millennium on Vincent Street, was a gathering filled with warmth and unity. Key figures such as Shirley Rivers, Head of Mission MMN, Dean Shields, CE of APT, board members, and senior leaders from our Three Trusts graced the event with their presence. Matua Rex Nathan and some of Te Hira's colleagues from St Johns Theological College also attended, adding to the significance of the occasion.



Rev'd Dr Te Hira Paenga with whānau and St Johns Theological College colleagues and whānau. From Left: Rev'd Scott Parekowhai, Rev'd Neihana Reihana, Anameka, Waiea, Te Hana & Te Hira Paenga, Rev'd Tūmanako Tomo, Rev'd Sam Henare, Rev'd Sean McGuinniety, Rev'd Robert Karaka, Te Aho Paenga.

Whaia Ihapera led the ceremony with a beautiful karanga, setting a sincere tone that resonated throughout the event. The palpable aroha for Te Hira and his whānau underscored the sense of unity and anticipation shared by all. We are genuinely excited to have Te Hira and his family join our Three Trusts whānau.

Te Hira brings with him a wealth of experience from St Johns Theological College, where he served as the Dean for Tikanga Māori. His extensive background and unwavering commitment to upholding the principles of Te Tiriti o Waitangi make him an invaluable addition to our team.

As Pou Manukura, Te Hira will provide essential leadership to ensure our policies and practices align with Te Tiriti o Waitangi. He will also play a crucial role in developing and facilitating training programmes for all staff, trustees, and volunteers, reinforcing our Methodist whakapapa, values, and our steadfast commitment to Te Tiriti o Waitangi, including te reo me ōna tikanga. Furthermore, he will develop and implement a self-audit process to ensure bi-cultural practices are integrated within all areas of our Three Trusts.

We look forward to the positive impact and the enriching journey ahead with Reverend Dr Te Hira Paenga. His presence marks a new chapter for our community, one that promises growth, unity, and a deeper connection to our shared principles.

# Celebrating whānau success: Whānau Whakapuāwai

We had the privilege of coming together for a profoundly moving celebration – the Housing First Whānau Whakapuāwai.



“You can continue to be who you are and move along with life at your own pace. I don’t feel managed by other people and there is flexibility. I like that.”

- Lifewise Whānau

This gathering marked a significant milestone for some of our whānau as they graduated from Te Pou Tuatahi o Tāmaki: Housing First Auckland City Centre programme, having achieved the goals they set for themselves with the unwavering support of their key workers. The Housing First model is based on the following core principles:

- Focus on recovery and self-sufficiency; a safe environment is crucial to recovery
- Maximise people’s choice
- Provide immediate access to housing in the community
- Separate housing and support services
- Focus on reducing harm
- Offer chances for joining social and cultural events

The programme of the day was beautifully led by Janine Sullivan (Housing First keyworker), who served as MC; Rob Smith (Housing First peer support worker), who took us on the whānau journey with Housing First; and Paul Timinis (Peer

Support Team Leader), who guided the waiata and blessed the kai, bringing warmth and meaning to every moment.

It was heartening to see the Housing First team show up in strength to honour and support their whānau – a testament to the dedication and collective spirit that drives this team.

This occasion was filled with connection, gratitude, waiata, and delicious kai catered by Merge Café, creating a space where accomplishments were celebrated and futures envisioned. Thank you to everyone who contributed to making this event so special – your efforts and care are at the heart of what makes Housing First more than just a programme; it’s a true whānau. Here’s to many more moments of growth, achievement, and shared joy.



Housing First Graduation Ceremony. From Left: Key Worker, Malvin Gandhi, Whānau Nathan Nelson, Peer Support, Rob Smith



# The power of collaboration: From the bush to home

The Auckland Council's Regional Compliance Response team recently faced a challenging situation with Malosi\*, a 77-year-old Samoan man who had been living in the bush at Auckland Domain for eight years.

Initially instructed to trespass and arrest him, the team decided to engage with Malosi first, ensuring that they followed due process and avoided external pressures.

Karen Smith of Auckland Council emphasises the need for empathy: "It's easy for us to sit in our comfortable homes, but Malosi didn't have that luxury. At the very least, he deserved to be asked if he needed help." It was soon discovered that no one had ever asked Malosi if he needed assistance or wanted support to secure housing. He had been living in unsanitary conditions that no one should endure.

Eager to accept accommodation, Malosi's situation prompted the Regional Compliance Response team to act swiftly. Unable to get help from city outreach providers, they reached out to the Lifewise outreach team. Leah from Lifewise met the Council team on-site the next morning to sign Malosi up for accommodation.

The police were informed and supported the plan. Malosi, with his bags packed, was taken to Lifewise's Merge Café for a hot meal, a doctor's appointment, and a visit to Work and Income to sort out his bond and benefits. As Leah handled these tasks, others organised food, bedding, and clothing for him.

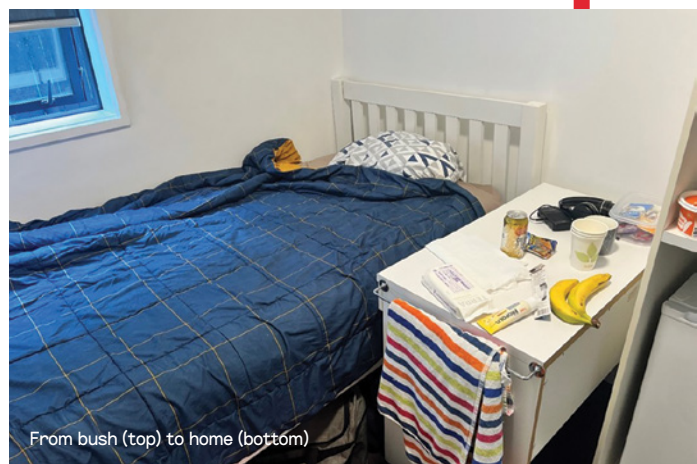
After a long day of coordinated efforts, Malosi was finally placed into accommodation in Grey Lynn. For the first time in years, he took a shower, and a Council team member gifted him a radio with headphones to listen to the Samoan radio station, lighting up his face with joy.

This story is a testament to the power of collaboration between the Council, Lifewise, and the Police, and a reminder that we should never judge a book by its cover. Leah continues to work with the police and the New Beginnings Court to finalise Malosi's transition.

\*Name has been changed.

"It's easy for us to sit in our comfortable homes, but Malosi didn't have that luxury. At the very least, he deserved to be asked if he needed help."

- Karen Smith,  
Auckland Council



# Waimumu 2024 Olympics

The Paris Olympics was one of 2024's highlights so our little champs at Lifewise Waimumu Early Childhood Education Centre got into the Olympics spirit. There were three lively teams each headed by the teachers.

Teacher Sita's team, glowing in red, proudly cheered for Tonga. The blue team, led by Teacher Sheetal, represented Fiji with flair, while Teacher Maya's team sparkled in yellow for Niue.

The whole day was a whirlwind of excitement, bursting with colour and energy! After a yummy

*continued on next page -->*

# Waimumu 2024 Olympics continued ...

morning tea, the games kicked off with a bang! The mini-Olympic arena was abuzz with activity as the teams competed in fun events like the Balancing Race, Long Jump in the Sandpit, and Egg & Spoon Race.

The kids gave it their all, and the enthusiasm was absolutely infectious. The teachers joined in the fun and had a blast too.

After a day filled with cheers and friendly rivalry, the blue team emerged victorious! A huge congratulations to all our little Olympians. You are all champs!



## Lifewise Ki Te Arawa Observance of Mental Health Awareness Week (MHAW)

Mental Health Awareness Week (MHAW) is a time to bring our community together, raise awareness about mental health, and promote suicide prevention. In September, Rotorua-based, Lifewise Ki Te Arawa Residential hosted a Family Fun Day, packed with games, entertainment, and activities for all ages.

This event was designed to provide a fun and engaging way to address a serious issue, while celebrating community support and mental wellbeing.

### The Positive Impact of Mental Health Awareness Week

MHAW gives us an opportunity to break down stigma, encourage open

conversations, and remind people that mental health is just as important as physical health. By celebrating this week together, we create a supportive environment where people feel safe to express their challenges, seek help, and strengthen community bonds.

Participating in events like this also helps to build resilience, foster connection, and

promote healthy habits, which are key contributors to mental wellbeing. For our community, Mental Health Awareness Week has the power to unite us, reinforce positive mental health strategies, and highlight the resources available to those who need them.

The day was designed to combine fun with purpose. Featuring an exciting mix of entertainment, games, and an auction of resident-created artwork, this event also contributed to a deeper understanding of mental health in our community. The focus was on engaging the whole family, encouraging participation, and spreading awareness about suicide prevention and mental health resources.

Spot prizes were awarded throughout the day, thanks to generous donations from local businesses (**Pak 'n Save, Woolworths Rotorua, Reading Cinemas, HEB Construction Wiri Office, Mad Butcher Te Ngae and Warehouse Rotorua**).



A day of entertainment and fun in Rotorua



# The unsung heroes

Every day, some 200 Lifewise support and care workers enter the homes of over a thousand elderly and disabled here in Tāmaki Mākaaurau to support them and their whānau with the necessities of daily living.

Tavita stars on the TV show "The Restaurant that makes Mistakes".



**TEVITA HAVEA**

**LAWYER**

These care workers, though often unseen by the rest of us, are trusted by hundreds of families to provide companionship, health, hygiene, and cleaning services, enabling those they care for to continue living in their own homes.

We are seeing greater need for those requiring support with dementia. Experts suggest that the number of New Zealanders diagnosed with dementia is set to hit close to 170,000 by 2050. Pasifika people are one and a half times more likely to be diagnosed with dementia under

the age of 65. Most families will be faced with managing the care of their loved ones at home, as there simply isn't the infrastructure and facilities available to support them.

One such client is Tavita, a lawyer by profession and now a TV star having appeared on the TV show "The Restaurant that makes Mistakes". Tavita, 59 years-old, was diagnosed with young onset dementia some three years ago. He appeared on the show to educate and dispel the myths about dementia. We spoke with Sharlene,

Tevita's wife and primary caregiver, to understand the support required for home care while managing full-time work.

A Lifewise Care Worker arrives Monday through Friday at 7am for an hour to prepare Tevita's breakfast, help him with a shower, administer his medication, moisturise his skin, and assist him in dressing for the day.

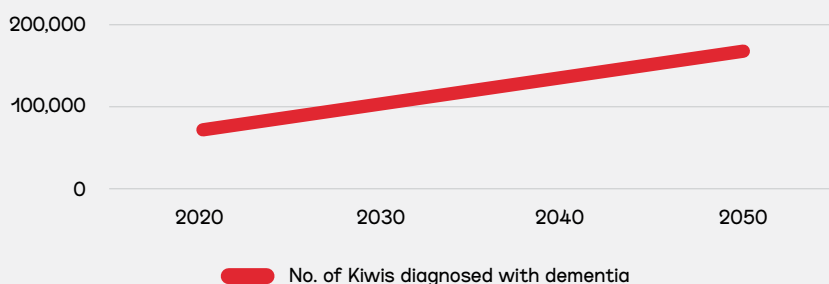
On Mondays, arrangements are made for someone to be with Tevita to ensure he is not alone. From Tuesday to Friday, Tevita attends Enliven's community-based day service in Onehunga. Tevita enjoys his time there from 9am to 3pm, engaging in social interactions, activities, and outings. The day service includes activities such as gardening, crafts, music, exercise programmes, games, quizzes, and cultural events.

Sharlene is grateful for the available support but emphasises the importance of a supportive network of family & friends. "The stress and pressures are immense, and losing my best friend is incredibly hard".

Despite the support available for those with dementia, more assistance for the families and caregivers is critical. Sharlene explains they receive 28 days of respite care each year, which she describes as wonderful but insufficient. The pressure on families and caregivers is enormous. "Every day is a learning experience as we adapt to living with dementia."

As a member of the Young Onset Dementia Collective, Sharlene aims to enhance the lives of people and families affected by younger onset dementia. The collective advocates for creating age-appropriate care models for young onset dementia that can be replicated nationally. They aim to support individuals with younger onset dementia to live their best lives for as long as possible and to establish facilities for day stays and overnight care in a safe and familiar environment with like-minded individuals, providing much-needed respite for caregivers.

## Expected number of Kiwis diagnosed with dementia to 2050



Source: Dementia NZ



# Celebrating Rangatahi Achievements: The Launch of Mahi Development Youth Courses

Coinciding with Youth Week 2024, our Youth Housing team proudly launched the Mahi Development Youth Courses (MDYC), a unique initiative to empower rangatahi in their educational and career aspirations.

Thanks to the Tindall Foundation's generous sponsorship, this vibrant event brought together our rangatahi and their whānau from our various housing sites, all eager to celebrate achievements and embrace future opportunities.

Celebrating alongside Youth Week 2024's theme, "Māwhurangi a tama roto ka taka, kāpuia ake ka pūrangiaho" – "We may not have it all together, but together we have it all" – perfectly captures the spirit of MDYC and the strength of our community.

The event began with a heartfelt whakataua from Mana Whenua Ngāti Tamaoho Kaumatua, Toi Katipa, setting a warm, inclusive atmosphere. Sector partners

like MSD's Connected.govt.nz, Sky City's Project Nikau, Te Wāhanga Whai Mahi Employment Zone, and Study Link offered pathways to employment and education. This collaborative support underscores our

commitment to connect rangatahi with resources to pursue their dreams.

Ezekiel Raiu of Te Rourou One Aotearoa Foundation delivered an empowering kōrero, encouraging our rangatahi to believe in themselves and chase their aspirations boldly. A highlight of the event was awarding excellence certificates to rangatahi honouring their hard work, whether continuing higher education, taking up apprenticeships, or pursuing vocational training.

We proudly recognised Rohario, one of our rangatahi, who recently received the prestigious Oranga Tamariki Prime Minister's Award. Currently completing her education in beauty school, this scholarship supports her journey and highlights her talent and potential.

"Māwhurangi a tama roto ka taka, kāpuia ake ka pūrangiaho - We may not have it all together, but together we have it all."

## By Youth, for Youth

The MDYC project was co-designed by rangatahi and kaimahi from the Lifewise Youth Housing Service, marking a significant



milestone in our journey to support young people and their whānau. Zion and Te Kahu, two of our talented young people, played integral roles by conceptualising the programme's name and designing the logo, showcased on team hoodies and through live spray-painting on-site by a guest artist.

This event marks only the beginning, and we look forward to supporting our rangatahi in every step toward a brighter future. Mauri ora!



Left: Rohario, winner of prestigious Oranga Tamariki Prime Minister's Award and Malia, Lifewise Youth Development Worker

# A Community Focussed on Support and Kai

Whether you're hungry or you hunger to make a difference, we welcome you to our shared tables to chat over delicious food and enjoy good company.

Merge Café is a warm, safe and supportive space where anyone is welcome, where you can eat well, feel good and do good, all at the same time.

Since 2014, Merge Café has welcomed and supported people from all walks of life. Our great food, excellent coffee, friendly service and cool atmosphere has made us an award-winning destination.

We offer subsidised meals for just \$5-\$7 to ensure that those who are homeless or living on the margins can enjoy nutritious food every day. Each hearty lunch costs us \$12 to prepare.

Merge Café has played a crucial role in supporting Auckland's Street whānau and those experiencing homelessness.

Fully self-funding, with the support of generous benefactors, donors and the Methodist Mission Northern the Café is home to many events, programmes, courses and kai.

We are always seeking support. There are a number of ways you can donate to Merge Café. Donate via our website, or frequent the café yourself, and when paying for your meal, pay for another via our 'pay it forward' system.

## Merge Café hosts FREE HepC Testing

As part of our ongoing commitment to taking care of our whānau, Lifewise's Merge Café and Community partnered with Ngāti Whātua and Te Whatu Ora for World Hepatitis Day this past July. With the warm support of the Lifewise and Merge Café teams, we hosted a special Hepatitis C testing event that provided free and accessible testing to all who came.

Our whānau enjoyed delicious kai from Merge Café while engaging in meaningful conversations with our caring staff, who were on hand to answer any questions and provide reassurance.

It's important to remember that up to 45,000 New Zealanders live with Hepatitis C, often unaware due to the subtle symptoms. However, there is now an easy test and a simple cure available.

Along with the free HepC testing, which is ongoing monthly, we also offer immunisations. By doing so, we hope to spread awareness and ensure the wellbeing of our community. Thank you to everyone who participates and helps to make a difference.

## Merge Community Hosts Ringa Wera

Merge Café and Community continue to host Ringa Wera. This initiative focuses on bringing people together to cook, share cooking tips, and explore various aspects of food preparation. Participants have been exploring ways to make the most of leftovers, smart shopping, foraging, and even growing their own ingredients!

Ringa Wera offers more than just a free

Fully self-funding, with the support of generous benefactors, donors and the Methodist Mission Northern the Merge Café is home to many events, programmes, courses and kai.



Left: Tang, is a long-term community member and Johnny, Merge Café volunteer

meal; it provides a unique opportunity to cook collaboratively, enjoy delicious food together, and take home some tasty



leftovers (there's usually plenty to share). All ingredients for a nutritious meal are provided, along with a recipe to help participants recreate the dishes at home.

Support workers from other providers are encouraged to bring their whānau along as well. Ringa Wera takes place every Wednesday from 10am to 12pm, at Pitt St Methodist Church in the Fellowship Room (down the driveway, where the Street Choir gathers).

This initiative is made possible by our wonderful friends at The Tindall Foundation.

### Ready Steady Quit.

Partnering with ProCare, Merge Café hosts the team from Ready Steady Quit, every Tuesday supporting the reduction of smoking harm and eventually giving it up. Whānau are given free lozenges, gum or patches to help beat nicotine cravings, and are provided with heaps of tips and ideas to help them beat the habit.

### Working toward tino rangatiratanga with Whānau and Rangatahi

Our goal is to help our whānau and rangatahi become self-reliant and skilled, opening opportunities to positively change their lives. We are dedicated to supporting people in the way they need to be supported.

Here are some of the regular services we provide:

- 1. One-on-one mentoring** - these are individual sessions where people are assisted with tasks ranging from simple ones (such as backing up photos to the cloud and registering for discounted bus travel) to more complex ones (getting a passport, filling out online forms, creating a CV), and even ambitious goals (self-publishing a book of poetry).
- 2. Learner's Drivers Licence Learning** - helping people prepare for their Learner's Drivers Licence and ensuring they have all the necessary ID (most people do not have the relevant ID and need support to obtain it).

### Come visit us

453 Karangahape Rd  
(just across the over-bridge)  
Open from 7am – 2pm every weekday

# Celebrating Aotearoa New Zealand Social Workers' Day

In September, Lifewise celebrated Aotearoa New Zealand Social Workers' Day, observed each year on the third Wednesday of September.

This year's theme, "Kia whakatōmuri te haere whakamua. I walk backwards into the future with my eyes fixed on my past," invites us to reflect on our achievements, honour the efforts of those who paved the way, and envision a future where social justice, human rights, and dignity guide our path.

In line with this, Lifewise Family Services hosted our inaugural event to honour and celebrate the invaluable contributions of social workers. After a long hiatus since the last gathering of our social workers, the event felt particularly special. The Family Services team did an excellent job organising the day, joined by staff from Housing First Auckland and the Health and Disability team.

### The Programme

The day began with a mihi whakatau for Pou Manukura Reverend Dr Te Hira Paenga and Nada Vinkovic, Lifewise's new Group Quality Manager. This was followed by a delightful lunch catered by Merge Café, providing an opportunity for colleagues to reconnect and catch up before the sessions commenced.

After lunch, Dr David McNabb, Practice and Development Manager, shared valuable insights into the revised code of ethics, emphasising its tikanga foundation. He also encouraged participants to consider the benefits of joining the Aotearoa New Zealand Association of Social Workers (ANZASW), highlighting how membership could enhance their practice.

Next, Bella Wikaira, Mana Whānau Supervisor, spoke about the Tangata Whenua Social Workers Association, stressing its vital role in supporting Māori practitioners. She emphasised the value of including Māori social workers in the social services sector, fostering a sense of belonging and cultural understanding.

Participants appreciated the opportunity to step back from their frontline work and engage in meaningful discussions about the ethical principles guiding their roles. This exchange of experiences and insights made the event particularly impactful.



Riveting discussion

# Yes! I want to help Lifewise support New Zealand's most vulnerable people

Scan the QR Code to donate now or complete the form, scan and email [thankyou@lifewise.org.nz](mailto:thankyou@lifewise.org.nz) or return by freepost no.: 251632



I wish to donate \$

- I would like to make this a monthly gift
- Please contact me about leaving a Gift in my Will

## Payment methods

Credit card

Card number                 CVC

Expiry Date  /   Name on Card

Signature:

Directly into Lifewise bank account

Lifewise bank account - BNZ: **02 0800 0700 902 00**

Ref: NeededMost

Your Bank Account Name:

Mr  Mrs  Ms  Dr  Other

First Name  Last Name

Phone  Email

Address

Suburb  City

Post code

**Privacy.** We respect your privacy and will ensure that your details are only used by authorised persons and will be kept confidential from third parties not acting on behalf of Lifewise.  
The Lifewise Trust is a community and social services agency and a member of the Methodist Alliance. Registration No.: CC40248 IRD No. 102-697-480

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# LIFEWISE

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